

DILUTED hCG

Store in refrigerator. Start when calendar indicates or IVF Team instructs, typically on the same day Ganirelix injections begin. Use prefilled syringes. One syringe holds a small 0.1 ml dose and looks nearly empty.

Injection Instructions – Subcutaneous

1. Assemble supplies:
 - alcohol swabs/cotton balls
 - Diluted hCG syringe from refrigerator
 - 27GA ½-inch needle (gray hub)
 - disposal container
 - band-aid (optional)
2. Take Diluted hCG syringe out of refrigerator to warm to room temperature for at least 15 minutes before proceeding.
3. Wash your hands.
4. Twist needle onto syringe
5. Remove cap from needle and save. To eliminate air bubbles, tap on side of the syringe with the needle pointed upward. Push the air out before injecting.
6. Select an area near your belly button (about two inches away) and swab with alcohol. Let it dry.
7. Pinch up the skin and insert the needle with a dart-like motion into the cleaned area. Inject the Diluted hCG and remove the needle from the skin.
8. Apply pressure to the site with a clean, dry cotton ball for a minute or two. Cover with a band-aid, if needed.
9. Cap needle and dispose with syringe in container.