

## IVIDREL

Store in refrigerator. Use prefilled syringe(s). One syringe holds a 0.5ml dose  
IVF Team will instruct when to administer and whether to use one or two injections.

Take within 10 minutes of instructed time – do NOT deviate.

This is a "trigger" shot so prepare for your egg retrieval 36 hours after injection(s).

### **Injection Instructions – Subcutaneous**

1. Assemble supplies:
  - alcohol swabs/cotton balls
  - Ovidrel syringe(s)
  - disposal container
  - band-aid (optional)
2. Wash your hands.
3. Remove cap from needle and save. To eliminate air bubbles, tap on side of the syringe with the needle pointed upward. Push the air out before injecting.
4. Select an area near your belly button (about two inches away) and swab with alcohol. Let it dry.
5. Pinch up the skin and insert the needle with a dart-like motion into the cleaned area. Inject the Ovidrel and remove the needle from the skin.
6. Apply pressure to the site with a clean, dry cotton ball for a minute or two. Cover with a band-aid, if needed.
7. Cap needle and dispose with syringe in container.
8. Repeat steps 3 through 7 if two injections are prescribed.