

## SAIZEN

Store in refrigerator. You begin Saizen on **Day 5** of stimulation and continue through Day 10 of stimulation, for a total of **6** injections.

\*\*\*Saizen injections are to be taken in the evening.

### Injection Instructions – **Subcutaneous**

#### **Assemble supplies:**

**Saizen**  
**alcohol swabs/cotton balls**  
**Insulin Syringes**  
**disposal container**  
**band-aid (optional)**

1. Take Saizen out of refrigerator to warm to room temperature for at least 15 minutes before proceeding.
2. Wash your hands
3. Clean top of vial of Saizen with an alcohol swab. Draw up **1cc/ml** of **Saizen** into syringe.
4. Select an area near your belly button (about two inches away) and swab with alcohol. Let it dry.
5. Pinch up the skin and insert the needle with a dart-like motion into the cleaned area. Inject the Saizen and remove the needle from the skin.
6. Apply pressure to the site with a clean, dry cotton ball for a minute or two. Cover with a band-aid, if needed.
7. Cap needle and dispose with syringe in container.